

PARAMUS PUBLIC SCHOOLS  
PARAMUS NEW JERSEY  
07652

East Brook Middle School  
"A Great Place to Grow Up"

190 Spring Valley Road  
(201) 261-7800 Ext. 8102

Kevin Brentnall, Principal  
Thomas J. LoBue, Vice Principal

School Year: **2011 – 2012**

Dear East Brook Parent/Guardian,

The East Brook Guidance Department is excited to announce this year's groups we will be offering to students. Groups will meet once a month with a small group of students. Your children are invited to be a part of one or more of this year's group. If you are interested in your child joining any group please sign the section below and return it to Mrs. Folcarelli in the East Brook Guidance Department.

\***Newcomer's Group** – This group is offered to students who have just moved to the district. Students will discuss their adjustment to the new school and help come up with ideas to make the transition smooth for next year's newcomers.

\***Banana Splits** – Banana Splits is for students who are in a single, divorced, or separated families.

\***Grief and Loss Group** – This group is for students who are experiencing a loss in their lives. Students dealing with any type of grief are invited to join this group.

\***Bully Busters** – This group is offered to our 5<sup>th</sup> grade students as a way to teach them how to better communicate with each other.

\***HOPE (Helping Others Provide Empowerment)** – This group is for any student who wants to come together in a small group setting and talk about any issues they may be dealing with in regards to the school, their friends, or their outside lives. This will involve various important issues that middle school students may face.

Sincerely,

*Dana Folcarelli and Christopher Nutland*

East Brook Guidance Department

**Please sign the form below and return it to your child's Homeroom teacher as soon as possible.**

✂-----  
My child, grade \_\_\_\_\_ **(Please Print)** \_\_\_\_\_, has permission to participate in the following groups:

**(Please check all that apply)**

- Newcomer's Group
- Banana Splits
- Grief and Loss Group
- Bully Busters (5<sup>th</sup> Grade only)
- Encounter Group

\_\_\_\_\_  
Parent or Guardian's Signature

\_\_\_\_\_  
Date